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## SPRAY TAN ADVICE

A St.Tropez Spray Tan Treatment gives you a fast, flawless tan in a controlled environment. Now with Aromaguard™ fragrance technology which eliminates the tell-tale self tan aroma by a minimum of 70%. The tan is applied and tailored by an expert and takes no more than 15 minutes. You need to allow some time to prepare and dress.

## To ensure your tan is flawless and even, please follow this simple guide:

### **Before Treatment Advice**

- It is preferable not to apply any type of perfume, deodorant or aromatherapy oils on the day of your treatment as these reduce the results.
- Waxing or shaving should be completed at least 24 hours prior to the treatment to reduce sensitivity.
- The evening before or morning of your treatment, exfoliate your entite body using St.Topez Body Polish. Pay special attention to dry areas of your body such as hands, elbows, knees and feet.
- Wear dark, loose fitting clothing with a dark coloured bra or preferably no bra at all. Please be aware the guide colour can stain light hair, man-made fibres and wool.
- We recommend you have a patch test prior to every St. Tropez Spray Tan Treatment.

#### The Treatment

The application takes up to 15 minutes to cover the whole body. The Bronzing Mist will dry on your skin in just a few minutes so you can dress straight after the treatment. Avoid touching or rubbing the applied tan once the treatment is completed.

 For the short period that your face is sprayed, close your eyes and do not inhale. If you suffer from respiratory problems, please contact your doctor before having a treatment.

### After Treatment Advice

Your tan will begin to develop immediately after your treatment.

- Do not shower or bathe for a minimum of 4 hours after your treatment.
- Do not participate in any activity which may cause perspiration for at least 12 hours after the treatment
- It is fine to leave the guide colour on overnight and wash in the morning. Some guide colour may transfer to bed linen. This will wash out of cotton but not so easily from man-made fibres or wool.

### Tan Maintenance Tips

With the correct aftercare your tan will last longer.

- Apply St. Tropez Body Moisturiser or NEW St. Tropez Body Butter daily in between self tan applications to maintain your tan for longer and to ensure even fading.
- Exfoliate your skin with St.Tropez Body Polish every 3 days to ensure your tan fades evenly.
- Do not rub, but pat your skin dry after showering or bathing.
- Avoid swimming pools as chlorine can bleach the tan.

WARNING St. Topez products do not contain a sunscreen and do not protect against sunburn. Repeated exposure of unprotected skin while tanning may increase the risk of skin ageing, skin cancer and other harmful effects to the skin, even if you do not usually burn.





